



Guide to what's on



ONE PLANET SUNDAY

SUNDAY 14TH SEPTEMBER - 10am - 4pm

The Cheese & Grain Frome Somerset

in association with



What's on when? where?



10.30 am 11 am 11.30 am 12 pm 12.30 pm 1 pm 1.30 pm 2 pm 2.30 pm 3 pm 3.30 pm 4 pm

IN THE HALL

Energy: renewable energy, insulation, energy saving advice
 Transport: cycle and walking, liftshare, car club, publis transport
 Resources: swap shop, repair cafe, VHS recycling, real nappies and recycled art
 Food: local growing, free tasters and One Planet Whole Foods 2pm Make cleaning products from local herbs
 Kids area – free forest school activities

Talking shop Liftshare 'speed-date' Talking shop Liftshare 'speed-date' Talking shop Liftshare 'speed-date' Talking shop Liftshare 'speed-date' Talking shop

ON THE STAGE

10.30 - 11 Grand opening by the mayor	11-12 Make a solar panel competition		12.30 - 2.30 Make a wind turbine			2.30 Solar winners announced	3-3.30 'The Element in the Room' amusing musings on renewable energy from Matt Harvey	3.30-4 Seize the Day Live music
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UPSTAIRS IN THE ENERGY ROOM

11-12 Ask the architect – Any questions on how cut costs and carbon in your home, with introduction to green technologies from NVBA Architects	12-12.15 10 things to ask a potential solar installer	12.15-30 External Wall Insulation all you need to know – SERS	12.30-1 We've got the power! Community Energy a beginners guide – From Renewable Energy Co-op	1-2 The Burning Answer. A User's Guide to the Solar Revolution Professor Keith Barnham	2-3 What the Frack? How to create consensus on energy – New Economics Foundation
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CAFE

All day
 Coffee, cakes, lunch and bar – local, organic (and 'recycled' where possible!)

OUTSIDE

Electric bikes & rickshaws– See the latest models and maybe try one out courtesy of Biketrctcity
 Dr Bike – get your bike fixed for free
 Pizzas from Edventure's amazing mobile pizza oven
 VHS amnesty – 'Bring your old VHS tapes and cases - plastic no one else can recycle..... except here in Frome via local enterprise Protomax'.

ONE PLANET SUNDAY STALLS



Energy

Frome Renewable Energy Co-op – find out about local projects and community shares

Solar Sense - renewable energy installers

1 World Solar - renewable energy installers – who provided panels for Cheese and Grain

Bubl Eco Shop

Brilliant Harvest - local solar installers

PAAD – local eco architects

Frack Free Somerset

Somerset WISH – Impartial advice to cut costs and carbon in your home. Bring an energy bill if possible

SERS Energy Solutions - insulation and energy efficiency providers

Thermal Blind Company – unique to Frome

Resources

Repair café – bring something that needs fixing

Freecycle stall – bring and take something, from books, to clothes and toys

Scraptors – scraptastic recycled art

Protomax – Frome's unusual plastic recyclers

Frome Happy Nappies

Transport

Liftshare info and 'speed-date'

Travel planners

Frome car club

Dr Bike - free bike fixing with Live to Ride (outside)

Electric bikes from Biketricity (outside)

Rickshaws from Cycles Maximum (outside)

Frome Cycle Classes – sign up

Food

Vallis Veg

Frome Wholefoods

Incredible Edible Frome

Frome Apothecary Garden



SUNDAY

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The Cheese & Grain
Frome Somerset

www.freco.org